



## **Metric no. 7.2.1**

Describe two best practices successfully  
implemented by the Institution as per NAAC  
format provided in the Manual





## BEST PRACTICE- 1

**1. Title of the practice:** “Nurturing Tomorrow’s Pharmacists: A Holistic Approach to Academic, competitive and Personal Growth”

**2. Objectives of the Practice-**

- To adopt the in-house preparation for academics and competitive examinations.
- To include unique practice and preparation strategies for learning.
- To perform practice sessions to help students manage exam-related stress
- To encourage collaborative sessions to solve complex concepts, boost the student’s soft skills and doubt solving.
- To support students' physical and psychological well-being.

**3. The Context**

VIVA Institute of Pharmacy plays a crucial role in students' academic, competitive exam, psychological, and physical development. Institute offers a platform called Student Development Program that intends to enhance learning through interactive and collaborative activities. Additionally, the institute arranges academic competitions like Pharmasci day, One Minute Show, and Model Making competition to enhance knowledge and build confidence.

The institute has started “GPAT CLUB” to help students prepare for competitive exams, along with weekly online tests and guest lectures by prominent people on the subject.

To support students' mental health, we have introduced counselling sessions by a psychologist. Counselling sessions are scheduled for both teaching and non-teaching staff as well as all students. To encourage physical wellbeing, our institute forbids students from using the elevator. In addition, the students are in charge of maintaining the medicinal garden. The institute additionally encourages weekly sports, yoga days, and sports weeks.





#### 4. The Practice

In the Student Development Program, students arrange revision sessions, group discussions, class tests, solve previous year question papers, and revise topics previously taught by their teachers. They prepare a timetable in which these activities are distributed throughout the week. These sessions not only solve the complex concepts but also boost the student's confidence and soft skills. Institute has started GPAT CLUB to help students involve and excel in competitive exams like GPAT and NIPER. The "GPAT Club" WhatsApp group is formed where each student receives a schedule of weekly tests and google quiz question paper link. Each professor contributes by creating a question paper for their assigned subject. Institute invites alumni to guide students for academics and competitive exams.

Institute arranges counselling sessions for the overall well-being of students.

To maintain students' physical health, the Institute celebrates sports day, has a well-maintained sports ground, students are not permitted to use the elevator, and various seminars are arranged on healthy lifestyle and nutrition. The medicinal garden at our campus is maintained by our students, which promotes physical well-being, provides research opportunities and practical knowledge of pharmacognosy subjects.

#### 5. Evidence of Success

- Our student Ms. Shalini Patwa excelled as University Topper with GPA 9.25
- Total eight students qualified GPAT 2023 and eight students qualified NIPER 2023.
- Number of students qualifying competitive exams and pursuing higher education has increased.
- Link for certificates- <https://vivapharmacy.org/pdf/NAAC/Criteria/5/5.2.2.pdf>
- Students are becoming physically and psychologically strong.

#### 6. Problems Encountered and Resources Required

For SDP, students sometimes find it difficult to manage time for the activities in the classroom due to a fixed academic timetable.



  
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## Academic Excellence





## 1. Student Development Programme

STUDENT DEVELOPMENT PROGRAM AKA “SDP” is a program built around peer-led group study sessions for some of pharmacy’s most challenging courses. SPD leaders and Subject Volunteers are appointed from the class. It works on a simple motto which stands as “BY THE STUDENTS, FOR THE STUDENTS AND TO THE STUDENTS”. During the seventh semester of final year of the batch A.Y 2018-2022, students brought ideas about supplemental instruction programmes which will help students to understand subjective knowledge as well as the application knowledge of the subject. This idea came into the limelight because of this new way of online learning due to the global pandemic. Its approach for study is short and simple which is primarily based on more student teacher interaction. Collaborative sessions not only solve the complex concepts but also boost the student’s soft skills. Another golden advantage of this program is the collection of data where students will store all necessary data at one place. The basic method students follow is that, they notice the topics which should be taken again for revision, then they discuss the same with the teacher and try to come up with better solutions and then they deliver the same in a simple manner in the form of seminars or assignments. Every subject leader follows orders from the teacher and listens to queries & doubt from students and conveys it to the teacher. The students' feedback taken for SDP are quite satisfactory as everyone was interested in taking part in the program. At the beginning, SDP leaders decided the plan of action and managed it to convey to other students, and formed a SDP committee of seven SUBJECT LEADERS and thirteen SUBJECT VOLUNTEERS. Understanding the vision and improving by oneself by adapting the new techniques of studying will always be on the beneficiary side of students.

In 2021, the final year students completed two months of SDP where they conducted 20 seminars and 10 assignment work.




  
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Late Shri Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
At: Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, Dist. Palghar-401305, Maharashtra.



## STUDENT DEVELOPMENT PROGRAM

INSPIRED BY BADA BUISNESS AND SOFT SKILL DEVELOPMENT  
BY JC SAIGAL

**Snapshot of PowerPoint presentation made by SDP Volunteers**

GROUP ALLOTMENT						
SUBJECTS	P'CHEM	P'COGNASY	P'ANALYSIS	P' COLOGY	JURISPRUDANCE	PREFORMULA TIONS
SUB TEACHERS	Ms. Hitakshi Makasare	Mr. Sagar Choudhary	Ms. Priti Patil	Mr. Nilesh Babre	Mr. Sachin Pandey	Ms. Neha Laxane & Ms. Sushruta Muley
SDP SUB LEADERS	Rajeshwari Bale	Sarvesh Patil	Parag Gawali	Vedant Bhat	Vinay Tiwari	Swarali Patil
SDP SUB VOLUNTEERS	1)Omkar Gathod	1) Kavish Patil	1) Prajeet singh	1) Sahil shaikh	1) Ram gingine	1)Nitisha Patil
	2) Dhanshree patil	2) Hemant sonar	2) Mihir chawda	2) Simran sayyad	2) Neha gupta 3) Mahima yadav	2)Priyanka jagdale

**SDP Group Allotment- Final Year B.Pharm A.Y 2021-22**





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<b>Radiochemistry 7.1</b> By <u>Rajeshwari Bale</u>	<b>PHARMACEUTICAL JURISPRUDENCE</b>  VINAY TIWARI NEHA GUPTA MAHIMA YADAV
<b>Radiochemistry 7.2</b> By <u>Rajeshwari Bale</u>	<b>HPLC</b>  HIGH PERFORMANCE LIQUID CHROMATOGRAPHY By Parag Gawali Final year

**Snapshot of subject-specific PowerPoint presentations made by students**





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**Feedback of the Student Development Program from Final Year B.Pharm students A.Y 2021-22**

**Feedback regarding Student Development Programme (SDP)**

S.NO	Submit Date	Did you like the SPD program and the concept behind it?	Are you interested in this program?	Are you willing to participate in this program?	Your Suggestions to improve this SDP
1	10-07-2021	Yes	Yes	Yes	onlyy chill
2	10-07-2021	Yes	Yes	Yes	Good
3	10-07-2021	Yes	Yes	Yes	No comment
4	10-07-2021	No	No	No	No suggestions ur THE PERFECT TEAM.
5	10-07-2021	Yes	Yes	Yes	.
6	10-07-2021	Yes	Yes	Yes	.
7	10-07-2021	Yes	Yes	Yes	It's excellent
8	10-07-2021	Yes	Yes	Yes	If teachers support we can do this
9	10-07-2021	Yes	Yes	Yes	No
10	10-07-2021	Yes	Yes	Yes	
11	10-07-2021	Yes	Yes	Yes	I miss out the lecture,if possible send the basic msg behind it on whatapp
12	10-07-2021	Yes	Yes	Yes	Keep going
13	10-07-2021	Yes	Yes	Yes	No
14	10-07-2021	Yes	Yes	Yes	No suggestions now
15	10-07-2021	Yes	Yes	Yes	Focus on revision and questions that would be asked in exams!





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S.NO	Submit Date	Did you like the SPD program and the concept behind it?	Are you interested in this program?	Are you willing to participate in this program?	Your Suggestions to improve this SPD
16	10-07-2021	Yes	Yes	Yes	...
17	10-07-2021	Yes	Yes	Yes	Best way to learn & revised the uncovered topics of syllabus
18	10-07-2021	Yes	Yes	Yes	Keep it up
19	10-07-2021	Yes	Yes	Yes	No
20	10-07-2021	Yes	Yes	Yes	.
21	10-07-2021	Yes	Yes	Yes	We should continue these till end either teacher teaches us or not
22	10-07-2021	Yes	Yes	Yes	Keep taking efforts like this and keep everything anonymous
23	10-07-2021	Yes	Yes	Yes	Great initiative
24	10-07-2021	Yes	Yes	Yes	.
25	10-07-2021	Yes	Yes	Yes	SDP program is beautiful that it is very beneficial to the students
26	10-07-2021	Yes	Yes	Yes	Maximum coordination with students can give best outcome.
27	10-07-2021	Yes	Yes	Yes	Nothing!
28	10-07-2021	Yes	Yes	Yes	.
29	10-07-2021	Yes	Yes	Yes	...
30	10-07-2021	Yes	Yes	Yes	Nothing





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S.NO	Submit Date	Did you like the SPD program and the concept behind it?	Are you interested in this program?	Are you willing to participate in this program?	Your Suggestions to improve this SDP
31	10-07-2021	Yes	Yes	Yes	Yes
32	10-07-2021	Yes	Yes	Yes	No suggestions
33	10-07-2021	Yes	Yes	Yes	Nothing
34	10-07-2021	Yes	Yes	No	Previous year questionpapers shud b discussed,Ppt content shud b aspa Ans writing n exam pt.ov ofsir
35	10-07-2021	Yes	Yes	Yes	Previous year papers imp topics should be covered to atleast help out with basic concept
36	10-07-2021	Yes	Yes	Yes	Let's success the project and have benifit from it Mostly notes req
37	10-07-2021	Yes	Yes	Yes	We can improve once we get started
38	10-07-2021	Yes	Yes	Yes	.
39	10-07-2021	Yes	Yes	Yes	None

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We continue to follow the same practice of Student Development Programme from AY 2022-23

Circular-

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**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasal, Dist. Palghar-401305, Maharashtra.

Ref: VIVA/VIP/OFF/12-A /2022-23

Date: -08/08/2022

**CIRCULAR**

This is to inform all the students that we are launching a Student Development Program, aimed at providing support for your personal and academic growth. This program is designed to offer a range of activities, workshop, and resources that will enhance your skills, well-being, and overall development.

*Amatacay*  
Teacher coordinator

*Gubel*  
*Shivansh*  
*S. VAREKAR.*  
Student coordinators

*gto*  
Principal





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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## Timetable of SDP for semester VIII

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	Semester VII (Academic year 2022-23) Student Development Program						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lab or library hour	Instrumental Methods of Analysis group discussion	Industrial Pharmacy Paper solving	Novel Drug Delivery System Seminar	Pharmacy Practice Quiz session	Novel Drug Delivery System doubt solving	Submissions of all Assignments	Day off
Free time	Assignment	Assignment	Assignment	Assignment	Assignment		Day off
At home	Study	Study	Study	Study	Study		Day off

## Timetable of SDP for semester VII A.Y 2022-23

*Amalash*  
Teacher coordinator

*S. Varekar*  
Student coordinator



*SW*  
Principal

## Timetable of SDP for semester VII





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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lab or library hour	Medicinal Chemistry-III seminar	Biopharmaceutics and Pharmacokinetics Paper solving	Pharmaceutical Biotechnology Seminar	Pharmacology III Quiz session	Herbal Drug Technology doubt solving	Submissions of all Assignments	Day off
Free time	Assignment	Assignment	Assignment	Assignment			Day off
At time		Medicinal Chemistry III doubt solving			Pharmaceutical Biotechnology Study Session		Day off

**Timetable of SDP for semester VI A.Y 2022-23**

*Anant*  
Teacher coordinator

*Shivansh*  
Student coordinator



**Timetable of SDP for semester VI**





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Semester V (Academic year 2022-23) Student Development Program							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Free time	Industrial Pharmacy I group discussion	Pharmaceutical Jurisprudence quiz session	Pharmacology II Seminar	Pharmacognosy and Phytochemistry II seminar	Medicinal Chemistry II doubt solving	Submissions of all Assignments	Day off
At home	Assignment	Assignment	Assignment	Assignment			Day off
Lab or library hour		Medicinal Chemistry II study session			Industrial Pharmacy I Study Session		Day off

Timetable of SDP for semester V A.Y 2022-23

*Anakhen*  
Teacher coordinator

*Shivansh*  
Student coordinator



Timetable of SDP for semester V





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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Free time	Physical Pharmaceutics II seminar	Pharmacognosy and Phytochemistry I Paper solving	Medicinal Chemistry I Seminar	Pharmacology I seminar	Pharmacology I doubt solving	Submissions of all Assignments	Day off
At home	Assignment	Assignment	Assignment	Assignment			Day off
Lab or library hour		Pharmaceutical Organic Chemistry III group discussion			Pharmaceutical Organic Chemistry III doubt Session		Day off

Timetable of SDP for semester IV A.Y 2022-23

*Imrat*  
Teacher coordinator

*Dubey*  
Student coordinator



Timetable of SDP for semester IV





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Semester III (Academic year 2022-23) Student Development Program							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lab/ Library hour	Pharmaceutical Organic Chemistry II group discussion	Pharmaceutical Microbiology quiz session	Physical Pharmaceutics I Seminar	Pharmaceutical Engineering seminar	Physical Pharmaceutics I doubt solving	Submissions of all Assignments Physical Pharmaceutics I paper solving	Day off
Free time	Assignment	Assignment	Assignment	Assignment	Assignment		Day off
At home	Study	Study	Study	Study	Study		Day off

**Timetable of SDP for semester III A.Y 2022-23**

*Imster*  
Teacher coordinator

*Dubey*  
Student coordinator



*sw*  
Principal

**Timetable of SDP for semester III**





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2. University of Mumbai Topper- Ms. Shalini Patwa

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**VIVA INSTITUTE OF PHARMACY**  
At Shirgaon, Veer Sawarkar road, Virar (E), Tal-Vasai,  
Dist. Palghar-401305, Maharashtra

**University of Mumbai Semester VII  
Examination Nov-2022**

**CONGRATULATIONS!**

**Ms. Shalini Patwa  
GPA 9.25  
University Topper**

Ms. Shalini Patwa, University topper Batch (2018-2022)



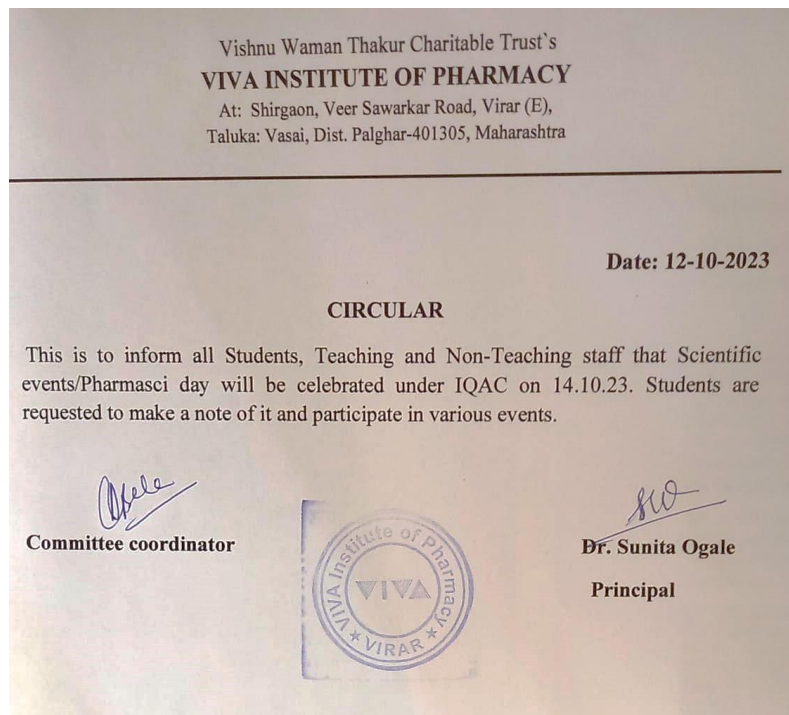


## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### 3. Pharmasci Day

#### Circular-





# Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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## Report-

The Scientific and Research committee student council of VIVA Institute of Pharmacy organised the scientific event called 'PHARMASCI DAY 2023' under IQAC. Various Events were organised with respect to various subjects based on the syllabus of the 1<sup>st</sup> to 3<sup>rd</sup> year of their respective classes. There were 3 rounds. For the first year, the first round was the Pharmaceutics round in which activities were related to riddles. The second round was PIC in which participants were given activities related to chemical reactions. The third round was HAP round in which QR codes were given to scan and identify and tell information about the objects.

For second year, the first round was Microbiologist round in which QR codes were given to scan, identify and tell information about the objects. The second round was a Pharmaceutical Organic Chemistry round in which they were supposed to identify the given reaction. The third round was a pharmaceutical engineering round in which questions were asked in a rapid fire round.

For third year, the first round was Pharmacological round in which the participants were supposed to pick one chit and tell the class about the description of the given drug. The second round was the Medicinal chemistry round identifying the name of the structures. 216 students attended the events

Winners of the event are as follow: -

### ❖ First year

- 1<sup>st</sup> Rank: Team Pharmaniacs
- 2<sup>nd</sup> Rank: Team Idols
- 3<sup>rd</sup> Rank: Team Trinity

### ❖ Second year

- 1<sup>st</sup> Rank: Adarsh Gupta and Team
- 2<sup>nd</sup> Rank: Dhruva Vaidya and Team
- 3<sup>rd</sup> Rank: Sneha Gharat and Team

### ❖ Third year

- 1<sup>st</sup> Rank: Sakshi Pawar and Team
- 2<sup>nd</sup> Rank: Neha Yamgar and Team
- 3<sup>rd</sup> Rank: Lavanya Sonavane and Team





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Snapshots of the event “Pharmasci Day”





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### 4. One-minute Show: - Test the Pharmacist in you

Scientific team of VIVA Institute of Pharmacy arranged an event named **“One-minute Show: - Test the Pharmacist in you”**, on 1<sup>st</sup> October 2022. The event started at 12:30 pm. Total seven participants had participated and each participant was given 1 minute time to talk on the drug that they had randomly received in the paper chit. We also had our honorable principal, Dr. Sunita Ogale and few other teaching faculties. Also after the participants, there was an open round where students amongst the audience were given a chance to participate. The judgement by the jury was based on the focus made on the topic, communication skills, explanation and detailing of the same. Further scores were given out of ten. Where three winners were qualified. The winners for the event were Venkatesh Mehendale for First Prize, Aditya Pandey and Aamir Patel had a tie for Second Prize and Janvie Patel for Third Prize. The event ended by 2 pm with great fun and enthusiasm.



Snapshots of the event “One-minute Show”

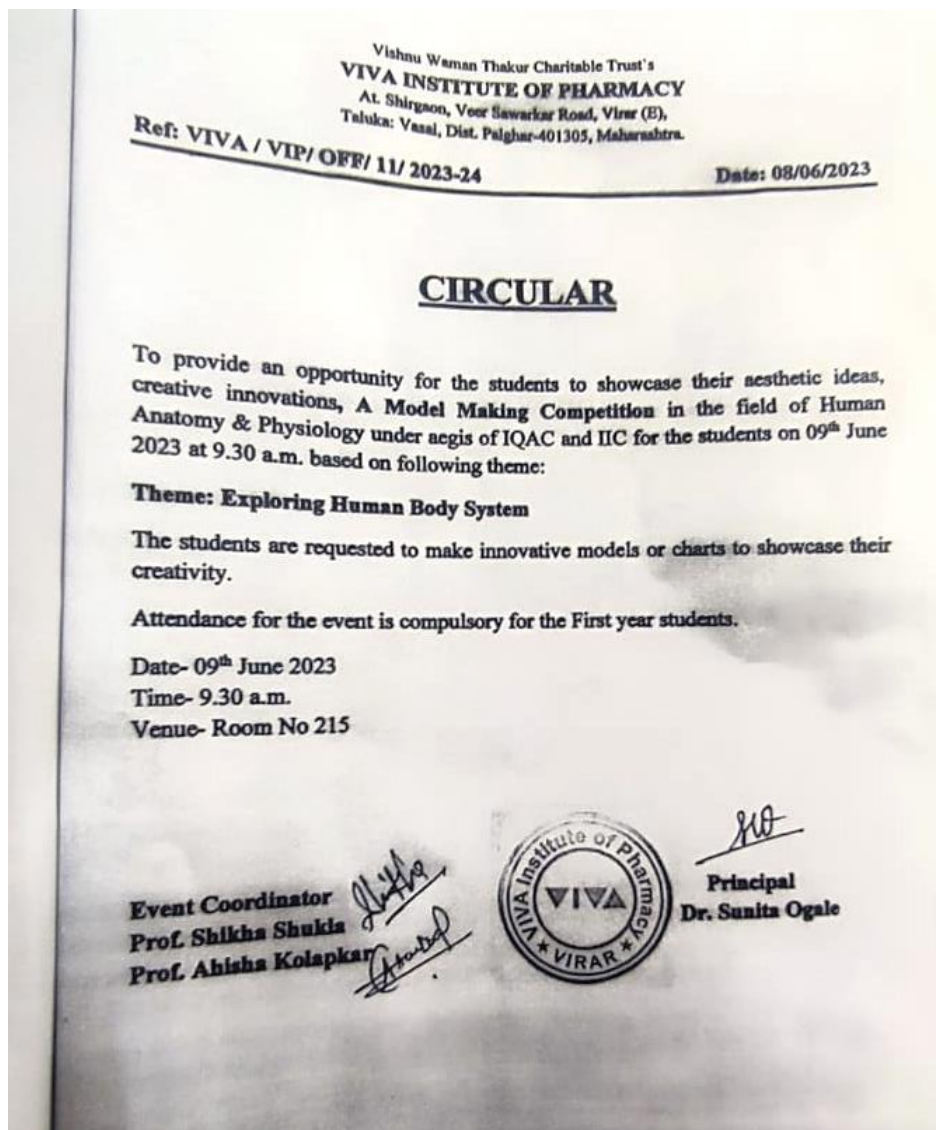




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## 5. Model Making Competition





## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### Report: Technical Event: “Human Body system” Model Making Competition”

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**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, Dist. Thane-401305, Maharashtra.

#### Report: Technical Event: “Human Body system” Model Making Competition”

Date- 09 June 2023

A Model Making Competition on the theme 'Human Body system' was held in VIVA Institute of Pharmacy virar on 9<sup>th</sup> June 2023 at 9:00 am. The purpose behind organizing this competition was to encourage the students to come up with new and innovative ideas and to enhance their thinking skills and to transform the young potential into technical excellence with the flame of curiosity, knowledge, and technology and application. The chief guest of the event was Dr. Sunita Ogale, Principal VIVA Institute of Pharmacy Virar.

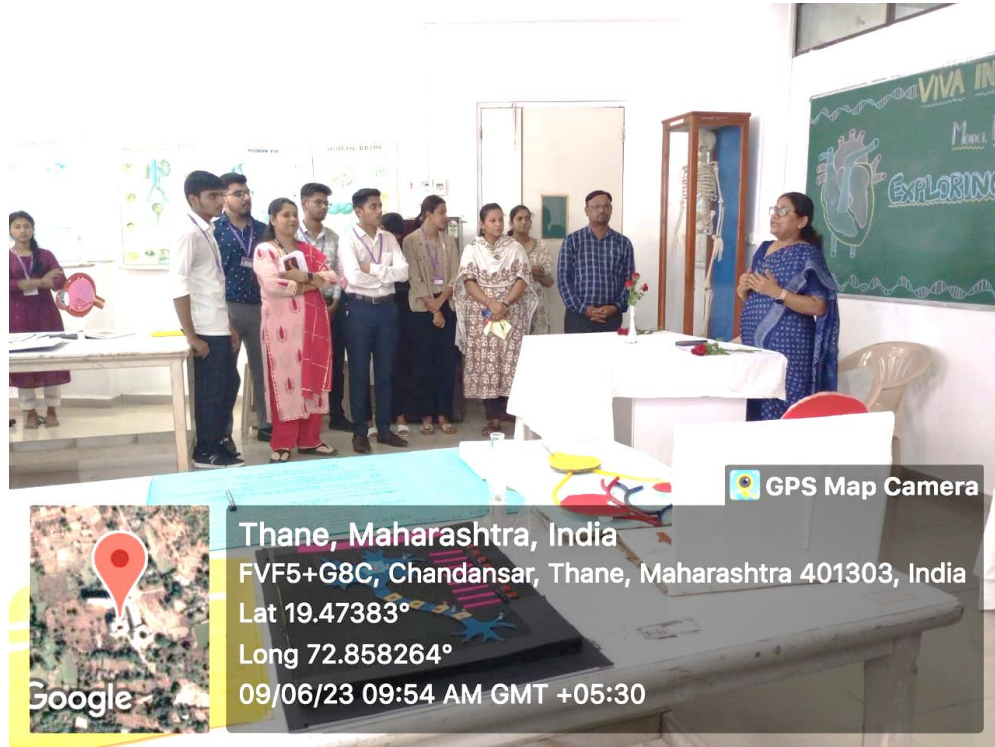
This event fulfilled by facilitating quality education in the Pharma field where they can explore their skills, innovation and attain practicals. Total 23 groups registered in this event and demonstrated their prepared models. Students got registered in a group minimum of 4 members to participate in this event. Each group was allotted a mentor to help in developing a working model. All the models demonstrated an idea or a process.





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Snapshots of the event “Model Making”





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## **Excellence in Competitive Exams**



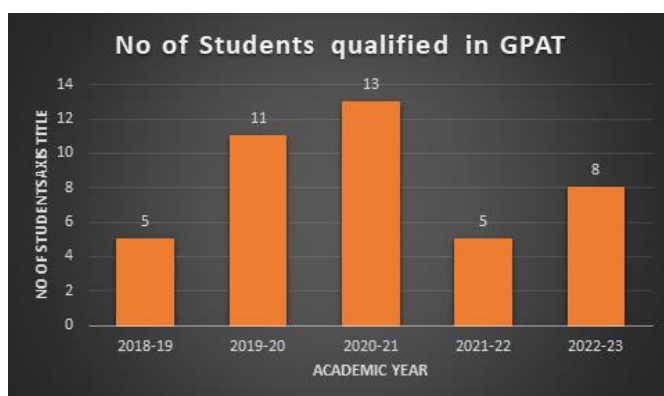


# Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

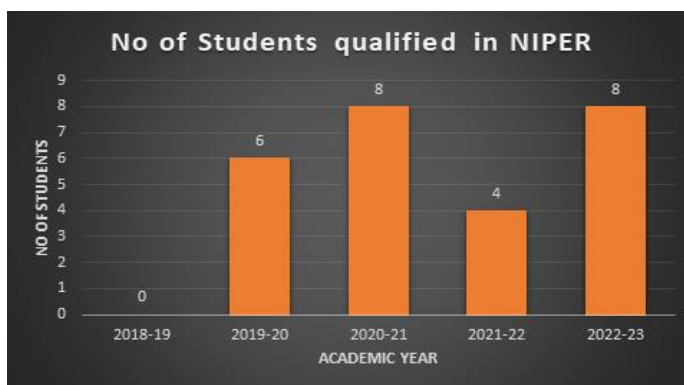
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## 1. GPAT Club

VIVA Institute of Pharmacy started “GPAT Club” was started by our faculty, Mr. Vishal Mardhekar, Asst. Professor (Pharmacology) with a view to prepare students for the national level Exams and to increase the overall understanding of students in Pharmaceutical Sciences. A Whatsapp group named “GPAT Club” was created. All members were given a study material and timetable of weekly subject wise tests. All faculty members contributed by framing a question paper of respective allotted subjects. The platforms such as Google quiz, Google meet and YouTube have been used for regular updates and Sunday to Sunday subject wise tests.



### GPAT Qualified student's year wise



### NIPER Qualified student's year wise

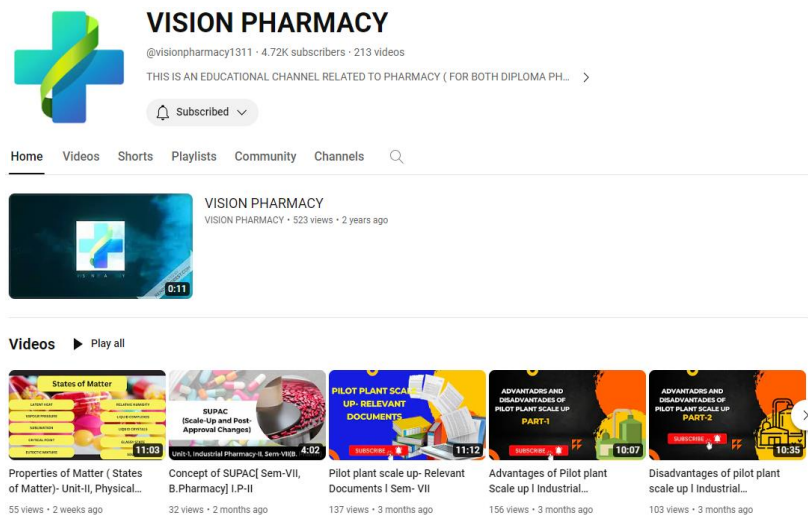




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**GPAT Discussion Corner- YouTube channel by our alumni Mr. Sanket Shirodkar**



**Vision Pharmacy- YouTube channel by our faculty Mr. Sachin Pandey**







# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

Approved by PCI, AICTE (New Delhi), DTE (Government of Maharashtra), and Affiliated to University of Mumbai

GPAT quiz is held every Sunday via online mode, where subject wise questions papers are made by the faculty members through google forms.

Vishnu Waman Thakur Charitable Trust's VIVA INSTITUTE OF PHARMACY At. Shirgaon, Veer Sawarkar Road, Virar (E), Taluka: Vasai, Dist. Palghar -401305, Maharashtra				
Time Table GPAT				
Date: 25/07/2023				
07/10/23	3:30 - 3:45pm	Pharmaceutical Jurisprudence (SN)	The Pharmacy Act 1948 Medicinal and Toilet Preparations (Excise Duties) Act 1955, Rules 1976.	20 M
07/10/23	4:00 - 4:15pm	Dispensing & Hospital Pharmacy (SP)	Introduction to laboratory equipment, weighing methodology, handling of prescriptions, labeling instructions for dispensed products.  Posological calculations involved in the calculation of dosage for infants. Enlarging and reducing formula, displacement value.	20 M
 Mrs. Varsha P. Patil GPAT Co-ordinator		 Dr. Sunita Ogale Principal		

Vishnu Waman Thakur Charitable Trust's VIVA INSTITUTE OF PHARMACY At. Shirgaon, Veer Sawarkar Road, Virar (E), Taluka: Vasai, Dist. Palghar -401305, Maharashtra				
Time Table GPAT				
Date: 25/07/2023				
23/09/2023	4:00 - 4:15pm	Human anatomy & physiology (SS)	The Blood Composition and functions of blood, RBC, WBC, platelets. Homeostasis, blood groups, mechanism of clotting. Introduction to disorders of the blood.  Autonomic nervous system Physiology and functions of the autonomic nervous system. Mechanism of neurohumoral transmission in ANS.	20 M
30/09/23	3:30 - 3:45pm	Pharmaceutical Engineering (UM)	Fluid flow Type of flow, Reynold's number, viscosity, the concept of the boundary layer, basic equation of fluid flow, the study of valves, flow meters, manometers and measurement of flow and pressure including mathematical problems. 2. Heat transfer Source of heat, mechanism of heat transfer, the laws of heat transfer, steam and electricity as heating media, determination of requirement of the amount of steam/electrical energy, steam pressure, boiler capacity, mathematical problems on heat transfer, steam traps and reducing valve, lagging etc.	20 M
30/09/23	4:00 - 4:15pm	Pharmaceutical Management (SD)	Planning and Forecasting Planning: Nature, process and types of planning, steps in the planning process, planning premises. Advantages and limitations of planning. Management by objective, meaning, objective features, advantages and limitations. Forecasting: meaning, nature, importance, limitations. Techniques of forecasting.  Research Management R & D organizations and research categories. Elements needed for an R & D organization. Technology transfer.	20 M





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Vishnu Waman Thakur Charitable Trust's VIVA INSTITUTE OF PHARMACY At. Shirgaon, Veer Sawarkar Road, Virar (E), Taluka: Vasai, Dist. Palghar -401305, Maharashtra Time Table GPAT				
Date: 25/07/2023				
16/09/2023	4:00 - 4:15pm	Biopharmaceutics and pharmacokinetics (SM)	Bio-pharmaceutics a) The fate of drug after drug absorption, various mechanisms for drug absorption, drug concentration in blood, biological factors in drug absorption, physicochemical factors, dosage form consideration for gastrointestinal absorption. b) Drug Absorption: Gastrointestinal absorption-biological considerations. Gastrointestinal absorption - physicochemical considerations. Gastrointestinal absorption-role of the dosage form. Pharmacokinetics. Compartmental and non-compartmental pharmacokinetics. Biotransformation, drug disposition - distribution, drug disposition - elimination. Variability-Body weight, age, sex and genetic factors. Pharmacokinetic variability-diseases. Pharmacokinetic variability-drug interactions. Individualization and optimization of drug dosing regimens.	20 M
23/09/2023	3:30 -3:45pm	Clinical pharmacy and therapeutics (ABM)	General Principles, preparation, maintenance, analysis of observational records in clinical Pharmacy. 2. Clinical trials, type and phases of clinical trials, placebo, ethical and regulatory issues including Good clinical practice in clinical trials. 3. Therapeutic drug monitoring, adverse drug reaction (ADR), types of ADR, Mechanism of ADR. Drug interaction, Monitoring and reporting of ADR and its significance.	20 M





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### GPAT Quiz Question paper

10/15/23, 7:23 AM Pharmaceutical Engineering GPAT Quiz

**Pharmaceutical Engineering GPAT Quiz**  
Topics Covered: Size Reduction, Heat Transfer, Flow of fluids  
sushrutamulay@gmail.com [Switch account](#) Not shared

\* Indicates required question

Name of the student \*

s

Email id \*

sushrutamulay@gmail.com

Roll Number \*

363

Semester \*

3

<https://www.google.com/forms/d/1FApQL38AgkxvCJ5d059HfpxCLn4Eubf78AC20w028/editgfd?h=1&fbclid=IwAR1C8m5Bue11&fbm=1>

10/15/23, 7:28 AM Pharmaceutical Engineering GPAT Quiz

Following is/are dimensionless number(s) \* 1 point

☐ Reynold's number  
☐ Power number  
☐ Mass transfer number  
☐ All of the above

Standard fluid used in manometer is/are \* 1 point

☐ Water  
☐ Mercury  
☐ Oil  
☐ All of the above

Reynold's number (Re) for streamline flow of fluid is \* 1 point

☐ <0.2  
☐ >0.2  
☐ <0.8  
☐ >0.8





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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## Test score of the quiz

Timestamp	Score	Email Id	Name of the student	Year	Semester	Roll Num
9-30-2023 16:04:17	9 / 20	esha1410bhoir@gmail	Esha	Final Year	7	09
9-30-2023 16:07:17	7 / 20	sayalimhatre635@gmail	Sayali Mhatre	Final Year	7	35
9-30-2023 16:07:17	7 / 20	kshitijagalande2@gmail	Kshitija Anil Galande	Final Year	7	21
9-30-2023 16:07:31	10 / 20	maitriparab666@gmail	Maitri Manish Parab	Third Year	5	64
9-30-2023 16:07:32	12 / 20	xansari.ameerhamza@gmail	Ameerhamza Irshad A	Final Year	7	02
9-30-2023 16:08:01	7 / 20	priyankawadile284@gmail	Priyanka Wadile	Third Year	5	122
9-30-2023 16:09:14	6 / 20	vaishnavibhopi8@gmail	Vaishnavi Dinesh Bhoi	Third Year	5	9
9-30-2023 16:11:24	9 / 20	navazk860423@gmail	Navaz Ansar Khan	Third Year	5	48
9-30-2023 16:12:05	8 / 20	Savantshraddha4708@gmail	Shraddha Savant	Final Year	7th sem	59
9-30-2023 16:13:24	9 / 20	pamarlavish.2003@gmail	Lavish Pamar	Final Year	7	44
9-30-2023 16:13:40	7 / 20	pooja.gbethu@gmail.com	Bethu pooja	Final Year	7	7
9-30-2023 16:14:08	14 / 20	dhanashreepavar2200@gmail	Dhanashree Santosh P	Final Year	7	50
9-30-2023 16:14:47	5 / 20	akashbaranwal72760@gmail	Akash Rajesh Bamaw	Final Year	7	06
9-30-2023 16:20:53	13 / 20	npprahul15@gmail.com	Neha Pujari	Final Year	7	54
9-30-2023 16:22:41	13 / 20	mahadikmanali1@gmail	Manali Dattaram Maha	Final Year	7	33
9-30-2023 16:34:29	7 / 20	adityapokale111@gmail	Aditya pokale	Second Year	3	76
9-30-2023 16:38:41	18 / 20	adityapokale111@gmail	Aditya pokale	Second Year	3	76
9-30-2023 16:41:31	19 / 20	adityapokale111@gmail	Aditya pokale	Second Year	3	76
9-30-2023 16:42:00	7 / 20	chaudharynilesh5000@gmail	Nilesh Chaudhary	Third Year	5	12
9-30-2023 16:48:32	3 / 20	pumipavar2005@gmail	Poomima Ajit Pavar	Final Year	7	52
9-30-2023 17:03:36	7 / 20	shitupise7045@gmail	Sheetal Vilas Pise	Third Year	V	73
9-30-2023 17:08:33	12 / 20	shivanimahato15@gmail	SHIVRANI RAJESH M	Second Year	3	47





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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Vishnu Waman Thakur Charitable Trust's  
VIVA INSTITUTE OF PHARMACY  
At - Shirgaon, Veer Sawarkar Road, Virar (East), Taluka- Virar, District - Palghar - 401305

## GPAT Summary 2022-23

		Physical Pharmacy (20)	Pharmaceutical Chemistry (25)	Pharmacognosy (20)	Pharmaceutical Analysis (20)	Pharmaceutics (15)	Pharmaceutical Analysis (20)	Physical Pharmacy (20)	Medicinal Chemistry (20)
Topic	Name of faculty	Colloids	Pharmaceutical Impurities & Monograph	Introduction	UV, IR, Chromatography	Tablet, Capsule, Suspension, Emulsion	Acid Base titrations, Precipitation titration	Surface & Interfacial Phenomenon, Viscosity & Rheology	General Anesthetics, Local Anesthetics
Sr. no.	Name / Date	28/01/2023	28/01/2023	11/2/2023	11/2/2023	4/3/2023	4/3/2023	18/03/2023	18/03/2023
1	Ankita saba	9	17	15	12			9	13
2	Venkarresh Metendale	15	15	15	8	10			
3	Sakshi Chaudhari	5				3	9		4
4	Shital Pise	10		8				6	
5	Varad Sangre	9	11					5	9
6	Atharva Sanbhe	10							
7	Rohit Gurav	7							
8	Neha Yungar	10	10						
9	Anish Bharate	10							
10	Keyur Jauli	5	11	5	9	8	5	11	8
11	Sowant Shrivaddha	11	20			10	17	11	12
12	Aamir Patel	13	22	11	8	9	11	12	16
13	Priyanka Wasdile	11							
14	Sanika Khochare	8	17	14	10			8	13
15	Akash Barnawal	11	13	12	10	7	10	9	12
16	Sujit Maurya	11	12	15	4	7	12	10	11





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17	Rohit Mohite	14	22	11	10							
18	Kanwate	10	17	2	11	10						
19	Dixit	11	13									
20	Vadivel Vijay	14										
21	Vishnavi Bhople	12	10	12								
22	om	7										
23	Vishali Patil	10	12									
24	Diksha Dixit	15	19									
25	Lavish Parmar	12	21									
26	Sibhi Gupta	15	14	7								
27	mail.com	10										
28	Bhal	13	8	14	14							
29	Pragati Nagdev	17	21									
30	Chaudhary Nilesh	15	16	12	7							
31	Saurabh Rai	14		12								
32	Purvi Shyam	14										
33	Ved patil	11	17	13	11							
34	Krutika Chavan	14										
35	Amir ansari	12	14									
36	Gaurav Dubey	9	16	8								
37	Angba Patil	9	18	6								
38	Sakshi Pawar	15		10								
39	Sanika Gangan	16	17	13	11							
40	Sapna Singh	6	16									
41	MILIND	8	11									
42	Yashika Jadhav	11	16									
43	mail.com	8										
44	Shreya Paburkar	11										
45	Jyotika Khamkar	10	19									
46	VINIT KOTHARI	11	20									13





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77	Prathamesh		12	10	4	10		9	13
78	Masoom			7					
79	Manjiri Bhoir			10				9	
80	Shweta Harishchandra Gaur			8	6				
81	Samrta Magdum Patel			11	11		6	9	13
82	Prapti Patil			10	12				4
83	Maitri Manish Parab			12		2	10	10	7
84	Esha Bhoir				8			10	8
85	Dhwani Shah					5	5	5	9
86	Afrin Shaikh					9	12	10	12
87	Neha Pujari					11		8	12
88	Chinmayee Patil					11		11	11
89	Mrunmayee Bhoir					11	14	10	
90	Devika Gosavi						14		9
91	Mayuresh arekar							7	8
92	Manish Kurmi								9
93	Dhanashree Pawar								11
94	Manali Mahadik							9	12
95	Manasi Patil							3	
96	Tanushree Tambe							8	
97	Jay Panchal							4	
98	Jyoti							10	
99	Sayali Mhatre							7	
100	Raj Bhave							5	
101	Taiba Shaikh							10	
102	Gaurav Rai							10	
103	Pooja Bethu							7	

Mrs. Varsha P. Patil  
Mrs. Abhisha Kolapkar

Dr. Sumita Ogale





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**Vishnu Waman Thakur Charitable Trust's  
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**QUALIFIED GPAT 2023**

Student Name	AIR	Score (%)
PURVA CHAUGULE	AIR 364	99.41 %ile
SHALINI PATWA	AIR 474	99.24 %ile
AAMIR PATEL	AIR 957	98.47 %ile
ANISH BHARATE	AIR 1079	98.28 %ile
YASH DARJE	AIR 1414	97.73 %ile
JYOTIKA KHAMKAR	AIR 1959	96.87 %ile
ANKITA SAHA	AIR 7359	88.19 %ile

**HEARTIEST CONGRATULATIONS TO THE GPAT CRACKER  
FROM  
MANAGEMENT, PRINCIPAL, STAFF AND STUDENTS**

**Late Shri Vishnu Waman Thakur Charitable's Trust  
VIVA INSTITUTE OF PHARMACY**

*"Heartiest congratulations to our dear students for qualifying GPAT 2022 Exam"*

Student Name	Score	Rank
Ram Gingine	Score: 157	Rank 1361
Rajeswari Bale	Score: 149	Rank 1817
Omkar Gothad	Score: 136	Rank 2900
Parag Gawali	Score: 128	Rank 3870
Ankita Saha	Score: 98	Rank: 10262

**Congratulations!**  
YOU DID IT





Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**  
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Late Shri Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
 At. Shirgaon, Virar (E), 401305

# GPAT CLUB

## 2021-22

**ACHIEVERS 2021**

GPAT 2021 Qualified Students

Sr. No.	Name	Score	Rank
1	Vinay <u>Rupnatha</u>	295	33
2	Govind Vaishnav	271	88
3	Dhanesh Suthar	256	159
4	Pratiksha Nandyal	227	483
5	Talib Siddique	212	802
6	Shubham Singh	205	990
7	Ankita Nishad	178	2205
8	Ravi <u>Zende</u>	177	2267
9	Shruti <u>Lal</u>	164	3290
10	Diksha <u>Gupta</u>	126	8746
11	Mansi Chaudhari	105	14132

**Consistent Results**

- CONCEPTUAL UNDERSTANDING
- WEEKLY QUIZ
- QUESTION PAPER SOLVING
- GUEST LECTURES

Late Shri Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
 At. Shirgaon, Virar (E), 401305

# GPAT CLUB

**ACHIEVERS 2020**

Sr. No.	Name	Score	Rank
1	Anup Gupta	247	76
2	Fareed Shaikh	197	610
3	Jayesh Gupta	191	746
4	Meenakshi Jain	180	1088
5	Niraj Parihar	180	1100
6	Sanket Shirodkar	179	1146
7	Govind Vaishnav	174	1334
8	Sampada Tamhankar	171	1457
9	Sachin Yadav	168	1593
10	Mikhil Kore	152	2606
11	Ruchita Gharat	147	3068
12	Shreya Suryavanshi	124	6229
13	Aakansha Gijare	82	18976

**ACHIEVERS-NIPER**

Sr. No.	Name	Rank
1	Sachin Yadav	233
2	Sampada Tamhankar	325
3	Meenakshi Jain	352
4	Niraj Parihar	657
5	Mikhil Kore	844
6	Jayesh Gupta	1179

- CONCEPTUAL UNDERSTANDING
- WEEKLY QUIZ
- QUESTION PAPER SOLVING
- GUEST LECTURES





## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, District: Palghar-401305, Maharashtra

*Congratulations!*  
TO ALL NIPER QUALIFIERS



  
Shalini Patwa  
AIR 147

  
Purva Chaugule  
AIR 202

  
Anish Bharate  
AIR 299

  
Parag Gavali  
AIR 640

  
Jyotika Khamkar  
AIR 881

  
Ankita Saha  
AIR 2359

**CONGRATULATIONS**

### NIPER 2023 Exam Qualified Students


LATE SHRI VISHNU WAMAN THAKUR CHARITABLE TRUST'S  
**VIVA INSTITUTE OF PHARMACY**  
Heartiest Congratulations To All Our Dear Students for Qualifying  
NIPER-JEE 2021




  
GOVIND VAISHNAV  
AIR - 45

  
PRATIKSHA NOUDIYAL  
AIR - 109

  
VIMAL RUPARELIYA  
AIR - 188

  
ANKITA NISHAD  
AIR - 769

  
DINESH SUTHAR  
AIR - 949

  
TALHA SIDDIQUE  
AIR - 1558

  
SHRIYATI TELU  
AIR - 1824

  
RITU ZENDE  
AIR - 1882

*Congratulations*

YOU MADE US PROUD

### NIPER 2021 Exam Qualified Students





Vishnu Waman Thakur Charitable Trust's  
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**Link for GPAT Certificates- GPAT and other competitive exam related results are mentioned in criteria 5.2.2**

**Weblink-**

<https://vivapharmacy.org/pdf/NAAC/Criteria/5/5.2.2.pdf>



*[Signature]*



## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### 2. Guest Lecture on Orientation for GPAT and Career Guidance” by Mr. Pranav Ganatra

VIVA Institute of Pharmacy arranged a seminar on the topic “**Orientation for GPAT and Career Guidance**”. Different competitive exams such as GPAT and Niper were explained by Mr. Pranav Ganatra, Director-Pharmacad on 4th August 2022. Special MCQ Book as a give-away to the student who had the best question. The winner of this giveaway was Ms Diksha Dixit from Third Year B. Pharmacy.



#### Pranav Ganatra - Pharmacad Private Limited

- Registered Pharmacist – Maharashtra State Pharmacy Council
- Founder – CEO – Pharmacad (A leading pharmacy coaching academy in Mumbai estd. in 2016)
- Marketing Director – Pravi Nutrition Private Limited
- Founder Member – Pharmocracy (A pharmacy student development body)
- Faculty of Chemistry – Arihant Academy (Institute for JEE, NEET & CET Aspirants)
- Former Faculty of Chemistry – Allen Career Institute
- Former General Secretary – Indian Pharmaceutical Association Maharashtra State Branch Students' Forum (2011-12)
- Has organized state level events with more than 30 Pharmacy colleges across the Maharashtra State (Rx Mumbai Sports & Cultural, Student Exchange Program, Maharashtra Pharma Congress etc.)
- Former Medical Business Associate – GSK Pharmaceuticals (2012-13)
- In more than 10 years of teaching, successfully guided more than 6000 students for GPAT, NIPER, NEET, JEE & CET.
- Certified Life Coach & Motivational Speaker
- Delivered more than 100 seminars/webinars across India



#### Speaker profile- Mr. Pranav Ganatra





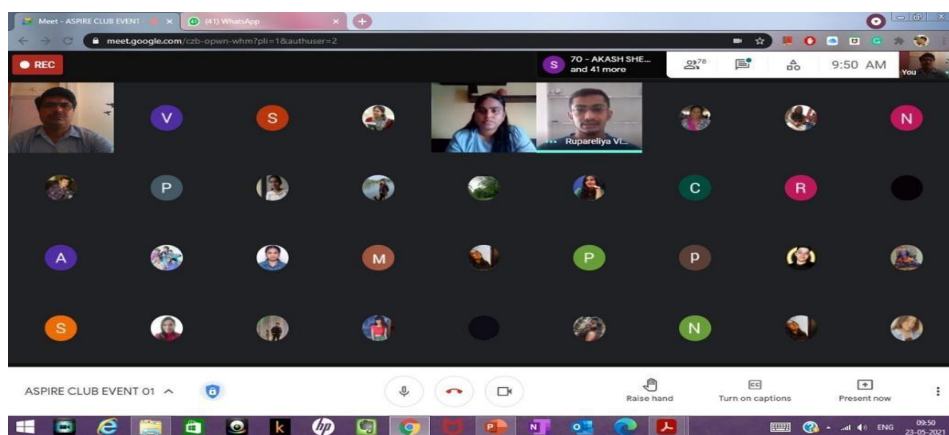
## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### 3. Alumni guidance on the topic “Better Understanding on GPAT and Insight on How to Prepare for it”

**Speakers:** Miss Sampada Tamhankar, B. Pharm, Pursuing Masters in Pharmacy in Biotechnology from NIPER Mohali and Mr Vimal Rupareliya, B. Pharm, preparing for NIPER and got AIR 33 in GPAT 2021.

Report: VIVA Institute of Pharmacy arranged a Webinar on 23<sup>rd</sup> May 2021 at 9.30 am. The speakers told us about their journey at VIVA Institute of Pharmacy and how they prepared for the GPAT exam and how they cracked the GPAT and NIPER exam and which books they referred to and what strategy they planned. They shared their future goals and solved queries asked by the students. The Webinar was arranged for 1<sup>st</sup> and 2<sup>nd</sup> year students of B. Pharmacy so that the students can be inspired by the stories of seniors and try to achieve their goals. It was an interactive session held by our faculty members Dr. Kamlesh Soni and Vishal Madrekar and the guest speakers. Total 80 candidates attended this informative webinar (Students and faculties included). Webinar started with a speech by Dr. Sunita Ogale, Principal of VIVA Institute of Pharmacy. Which was further proceeded by Dr. Kamlesh Soni, Professor at VIVA Institute of Pharmacy, followed by Mr. Vishal Mardekar, Faculty Member at VIVA Institute of Pharmacy. All the faculties of VIVA Institute of Pharmacy took an effort to make the programme very successful.



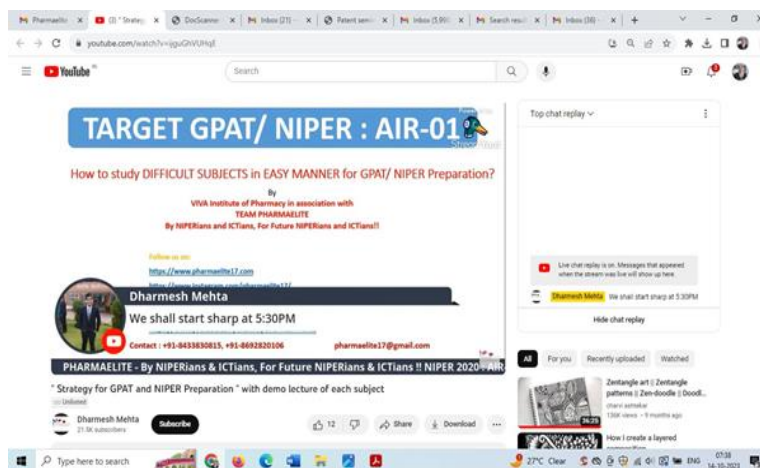
Snapshots of the webinar “Better Understanding on GPAT and Insight on How to Prepare for it”





**4. Guest Lecture on “STRATEGY FOR GPAT AND NIPER PREPARATION with demo lecture of each subject Overview of Strategies for GPAT and NIPER” by Mr. Dharmesh Mehta**

VIVA Institute of Pharmacy organized a webinar on “STRATEGY FOR GPAT AND NIPER PREPARATION with demo lecture of each subject Overview of Strategies for GPAT and NIPER” by Mr. Dharmesh Mehta, Pharmaelite, on 18th September 2019 at 11.00 am. A total of 269 candidates (students and faculties from various institutes) participated in the webinar via Youtube live streaming. The key-note speaker Mr. Dharmesh Mehta shared his own strategies for preparation of the entrance exams that would help students to get into their dream institute. Strategies for achieving and landing in the Top 10 for All India Rank were also discussed. The speaker talked about time management and understanding the method of study. “Knowing what to study, how much to study and how to study plays an important role for any entrance,” says Mr. Dharmesh Mehta. He also guided the students on the weightage of each subject, which subjects to focus more on and which subjects to glance through while reading. Overall, it was a very informative session and it was concluded with a vote of thanks from the host.



**Snapshot of the webinar STRATEGY FOR GPAT AND NIPER PREPARATION with demo lecture of each subject Overview of Strategies for GPAT and NIPER”**





## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### 5. Mission GPAT and NIPER for successful Pharma Career

**Speakers-** Dr. Sachin Kushare Research Scientist Glenmark pharma Nashik, and Dr. Santosh Chhajed Associate prof, MET Pharmacy, Nashik

**Date:** 23/8/20

VIVA Institute of Pharmacy in collaboration with Infinity Education- GPAT organized Online Webinar on Mission GPAT and NIPER—For Successful Pharma Career on 23<sup>rd</sup> August at 11.00 am, using Google meet platform. This session specifically focuses on preparation of detailed description of the GPAT examination, Books, tricks and tips to qualify GPAT. Also speakers elaborated on subject wise various major and minor topics that students must focus on during preparation for GPAT. Talk was delivered by experienced faculties of INFINITY EDUCATION GPAT with over 12 years of teaching experience in GPAT coaching. The Speakers were Dr. Sachin Kushare, having 12 years of Academic experience in various subjects including Microbiology, immunology, Biotechnology, & Industrial Pharmaceutics and Dr. Santosh Chhajed, Associate Professor at Mumbai Education Trust's, Institute of pharmacy, Aggaon, Nashik and having teaching experience of 13 years in various pharmaceutical Chemistry subjects at UG as well as PG level. Seventy above students and faculties attended the session and were benefited.

The poster is for an online webinar titled "MISSION GPAT & NIPER - FOR SUCCESSFUL PHARMA CAREER". It is organized by VIVA Institute of Pharmacy, Virar, in collaboration with Infinity Education - GPAT. The event is scheduled for 23<sup>rd</sup> August 2020 at 11.00 AM. The speakers are Dr. Sachin Kushare, Research Scientist at Glenmark Pharmaceuticals, Nashik, and Dr. Santosh Chhajed, Associate Professor at MET Institute of Pharmacy, Nashik. The Principal & Conveyor is Dr. Sunita Ogale, and the Co-ordinator is Mr. Sachinkumar Pandey. The poster also includes the VIVA logo, the Infinity Education logo, and a QR code for Google Meet.





Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**

Approved by PCI, AICTE (New Delhi), DTE (Government of Maharashtra), and Affiliated to University of Mumbai

**6. Guest lecture on the topic “Pharmaceutical Chemistry and GPAT 2020 preparation” by Dr. Rajendra Patil, Associate Professor, JSPM’s Rajarshi Shahu College of Pharmacy and Research, Pune**

VIVA Institute of Pharmacy organized a guest lecture on the subject Pharmaceutical Chemistry and GPAT 2020 preparation of how to remember the classification in Pharmacology and tricks for structures in medicinal chemistry for the students of final year B. Pharm in classroom 103 on 1st October 2019 from 11.00 AM to 4.00 PM. The speaker for the lecture was Dr. Rajendra Patil, who is presently working with JSPM’s Rajarshi Shahu College of Pharmacy and Research, Tathawade Pune, as Associate Professor from last Seven years. Dr. Sanghadeep Gajbhiye, HOD, felicitated Dr. Rajendra Patil for the Guest Lecture and Ms. Hitakshi Makasare, Assistant Professor, introduced the speaker and the topic of the lecture to the students. In his lecture, Dr. Patil discussed various competitive and entrance examinations held by different Pharmacy Institutes across India after the Final Year B. Pharm. He taught students the tricks to learn Medicinal Chemistry structures and how to remember Pharmacology classification by mnemonics. The lecture ended with a vote of thanks.



**Dr. Rajendra Patil delivering lecture on Pharmaceutical Chemistry and GPAT 2020 preparation**





## Psychological Well Being





Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**

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**Counselling Session**

Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasal, Dist. Palghar-401305, Maharashtra.

Ref: VIVA/VIP/OFF/25/2023-24

Date: - 13/10/2023

**NOTICE**

**Counselling Session (A.Y. 2023-24)**

All the students & staffs of Pharmacy are hereby informed that, like last year this year (A.Y. 2023-24) also we have planned for counselling activity for our Shirgaon campus. For getting slots of counselling sessions with the counsellor you have to scan the QR code which is provided below & also fill the google form which appears after scanning the QR code. Failing to fill that google form will prevent you from getting the slot of counselling sessions. So, please do the needful at earliest to be in loop for registering your name for sessions.

For queries contact:- Prof. Vishakha H. Mithari


Mob. No.:- 9960095200

Email Id :- [vishakhathakur@vivapharmacy.org](mailto:vishakhathakur@vivapharmacy.org)

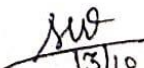
Note: Counselling sessions are planned on every 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays (if, there are any changes it will be intimated prior by Incharge)

QR code to scan for registering for counselling sessions is as follows:-



  
Counselling Coordinator



  
13/10  
Principal





Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**

Approved by PCI, AICTE (New Delhi), DTE (Government of Maharashtra), and Affiliated to University of Mumbai

Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, Dist. Palghar-401305, Maharashtra

**Report of Counselling Sessions (A.Y. 2022-23)**

Counseling Conducted by : Mrs. Manisha R. Dewarde (Counseling Psychologist, Psychotherapist, Naturopath, New Code NLP Practitioner, Access Bar Practitioner, Hypnotherapist, Regression Therapist)

Venue : VIVA Institute of Pharmacy, Shirgaon, Virar (E)-401305

Date : 08<sup>th</sup> May, 2023 (Monday)

The Pharmacy students of academic Year 2022-23 counselling was conducted by VIVA Institute of Pharmacy by the consent of Principal Dr. Sunita Ogale. Counsellor Mrs. Manisha Dewarde counselled the students on priority basis over staffs for free. Prof. Vishakha Mithari co-ordinated with students & counsellor for smooth conduction of sessions every week on each Tuesday (except, for exams, events or any other planned changes from student or counsellor side). The sessions were smoothly conducted by the counsellor. All the data of counselling is attached below for reference.

**Attached data :**

- List of students list
- List of attendance of sessions
- Feedback questionnaire
- Feedback of students of counselling session





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

Approved by PCI, AICTE (New Delhi), DTE (Government of Maharashtra), and Affiliated to University of Mumbai

Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasal, Dist. Palghar-401305, Maharashtra

## Attendance of Students who attended Counselling Session :

Sr		Date	Student's Name	Department	Std	
1	1	13/12/22		Pharmacy	Final	Student
2	2			Pharmacy	Final	Student
3	3			Pharmacy	Final	Student
4	4			Pharmacy	Final	Student
5	1	20/12/22		Pharmacy	Final	Student
6	2			Pharmacy	Final	Student
7	3			Pharmacy	Final	Student
8	4			Pharmacy	Final	Student
9	1	03/01/23		Pharmacy	Final	Student
10	2			Pharmacy	Final	Student
11	3			Pharmacy	Final	Student
12	4			Pharmacy	Final	Student
13	5			Pharmacy	Final	Student
14	1	10/01/23		Pharmacy	Final	Student
15	2			Pharmacy	Final	Student
16	3			Pharmacy	Final	Student
17	4			Pharmacy	Final	Student
18	5			Pharmacy	2 <sup>nd</sup> year	Parents
19	1	14/02/23		Pharmacy	2 <sup>nd</sup> year	Student
20	2			Pharmacy	Final	Student
21	1	14/3/23		Pharmacy	Final	Student
22	2			Pharmacy	Final	Student
23	3			Pharmacy	3 <sup>rd</sup> year	Student
24	1	21/3/23		Pharmacy	Final	Student
25	2			Pharmacy	Final	Student
26	1	28/3/23		Pharmacy	3 <sup>rd</sup> year	Student
27	2			Pharmacy	3 <sup>rd</sup> year	Student
				Pharmacy	Final	Student

*Phakur*  
09/05/23  
Counselling Co-ordinator

*SW*  
9/5/23  
Principal





# VIVA INSTITUTE OF PHARMACY (Counselling feedback form) : 2022-23

**Counselling Conducted : Mrs. Manisha R. Dewarde** (Counseling Psychologist, Psychotherapist, Naturopath, New Code NLP Practitioner, Access Bar Practitioner, Hypnotherapist, Regression Therapist)

\* Indicates required question

1. Name of the student \*

\_\_\_\_\_

2. Year \*

\_\_\_\_\_





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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Vishnu Waman Thakur Charitable Trust's  
VIVA INSTITUTE OF PHARMACY  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasal, Dist. Palghar-401305, Maharashtra.

**STUDENT COUNSELLING FEEDBACK FORM 2022-23**

Email Address	Name of the student	Year	Contact Number	Referred by:	Specify the other source (if any)	Are your parents aware that you are undergoing counselling?	Is your counselling teacher incharge aware about your counselling sessions?	Purpose for counselling	Specify purpose of counselling in short	Is your issue resolved with counselling?	Severity of issue before counselling. (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Severity of issue after counselling. (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Improvements after Counselling	Feed back about Counselor	Any suggestions
mes26@gmail.com	Aamir Patel	Final year B.Pharmacy	7506934257	Teacher	No	No	Yes	Personal	It was more like personal and friend issue rather than academic.	Yes	4	1	Yes I am able to focus on my own self after getting counselled and my issues are also got resolved.	Manisha mam is a great counsellor and of friendly nature too. She has helped me a lot in solving my issues. During my counselling process she always made session interesting and interactive so I was able to talk freely with her.	No
anushka06@gmail.com	Anushka Kumbhar	Second year B.Pharm.	9082942930	Teacher	No	No	Yes	Personal	Sorting some issues	Yes	3	4	Working on myself	Helpful for me and my further life	Want more sessions

Email Address	Name of the student	Year	Contact Number	Referred by:	Specify the other source (if any)	Are your parents aware that you are undergoing counselling?	Is your counselling teacher incharge aware about your counselling sessions?	Purpose for counselling	Specify purpose of counselling in short	Is your issue resolved with counselling?	Severity of issue before counselling. (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Severity of issue after counselling. (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Improvements after Counselling	Feed back about Counselor	Any suggestions
achalade@gmail.com	Mayuri Dhakode	Final Year	9284522228	Teacher	-	No	Yes	Personal	personal reasons	Yes	1	1	issue was solved	good listener helpful and thoughtful advices	-
shree51@gmail.com	Dhanshree Anil Neekar	Final year	9969616211	Teacher	-	Yes	Yes	Personal	My purpose was to share my personal problems and taking feedback from ma'am about how to solve it	Yes	4	2	There are better improvements in my personal life	She was so sweet and she has solved my each and every problem very beautifully	-
11@gmail.com	Rushikesh Kasar	self	8983225971	Teacher	No	No	Yes	Personal	Wanted a guidance by someone professional on my issues	Yes	4	2	My problems is solved 99%, now it is helping me 75%	Ma'am was excellent, give a solution on all queries.	If we get more sessions, it would be very helpful or if we get access to ask once in a week/Atleast On Mobile for few mins)about our problems, (without session fees At student level) it will be very beneficial. THANK YOU SO MUCH For This Great Initiative it was personally changing session for me





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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Email Address	Name of the student	Year	Contact Number	Referred by	Specify the other source (if any)	Are your parents aware that you are undergoing counselling?	Is your counselling teacher aware about your counselling sessions?	Purpose for counselling	Specify purpose of counselling in short	Is your issue resolved with counselling?	Severity of issue before counselling (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Severity of issue after counselling (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Improvements after Counselling	Feed back about Counsellor	Any suggestions
vaishnavi@gmail.com	Vaishnavi	self	8775848327	Teacher	No	Yes	Yes	Academic	No	Yes	5	3	No	No	No
razika.chalke@gmail.com	Razika chalke	3 year	7039029081	Teacher	No other source	Yes	Yes	Personal	psychological problem	Yes	3	3	After I feel much better	The counsellor was very kind she ask me the problem and accordingly gave me suggestions. Overall all it was a good session.	No
krutika.ravindra.chavan@gmail.com	Krutika Ravindra Chavan	Final year	9324105835	Teacher	-	Yes	Yes	Personal	To deal with the irrational thoughts	Yes	4	2	Able to sort things about my way of thinking for my parents	It was really good to speak my mind about to you and thank you for helping me deal with my problem	-

Email Address	Name of the student	Year	Contact Number	Referred by	Specify the other source (if any)	Are your parents aware that you are undergoing counselling?	Is your counselling teacher aware about your counselling sessions?	Purpose for counselling	Specify purpose of counselling in short	Is your issue resolved with counselling?	Severity of issue before counselling (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Severity of issue after counselling (Please mention the number as per below given rating): 1. No Problem 2. Little Problem 3. Mild Problem 4. Moderate problem 5. Severe Problem	Improvements after Counselling	Feed back about Counsellor	Any suggestions
shivam49@gmail.com	Shivam Upadhyay	4th	7276433771	Teacher	-	No	Yes	Career	-	No	3	3	No	-	-
neha2016@gmail.com	Neha surve	Final year	9152090963	Teacher	Ctg	Yes	Yes	Career	Career	Yes	3	1	Can focus better	Very communicative understanding	No
nehar.patwardhan@gmail.com	Nehar Patwardhan	Final year	7028948881	Teacher	-	Yes	Yes	Academic	To increasing self awareness, promoting personal growth and development, improving communication and relationships, managing stress and anxiety.	Yes	3	1	greater self-awareness, improved relationships and communication, better stress and anxiety management, improved decision-making skills.	Good counsellor	-





**Vishnu Waman Thakur Charitable Trust's**  
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## Physical Well being



*[Signature]*



Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**

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**1. Elevator-free institute building for students**

Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, Dist. Palghar-401305, Maharashtra.

**Ref: VIVA/VIP/OFF/18/2022-23**

**Date: -18/08/2022**

**CIRCULAR**

This is to inform that if students are found using lift facility, fine of Rs.50/- will be incurred each time.

Lift facility is only for Teaching, Non-teaching staff and handicapped students.



*[Signature]*  
PRINCIPAL

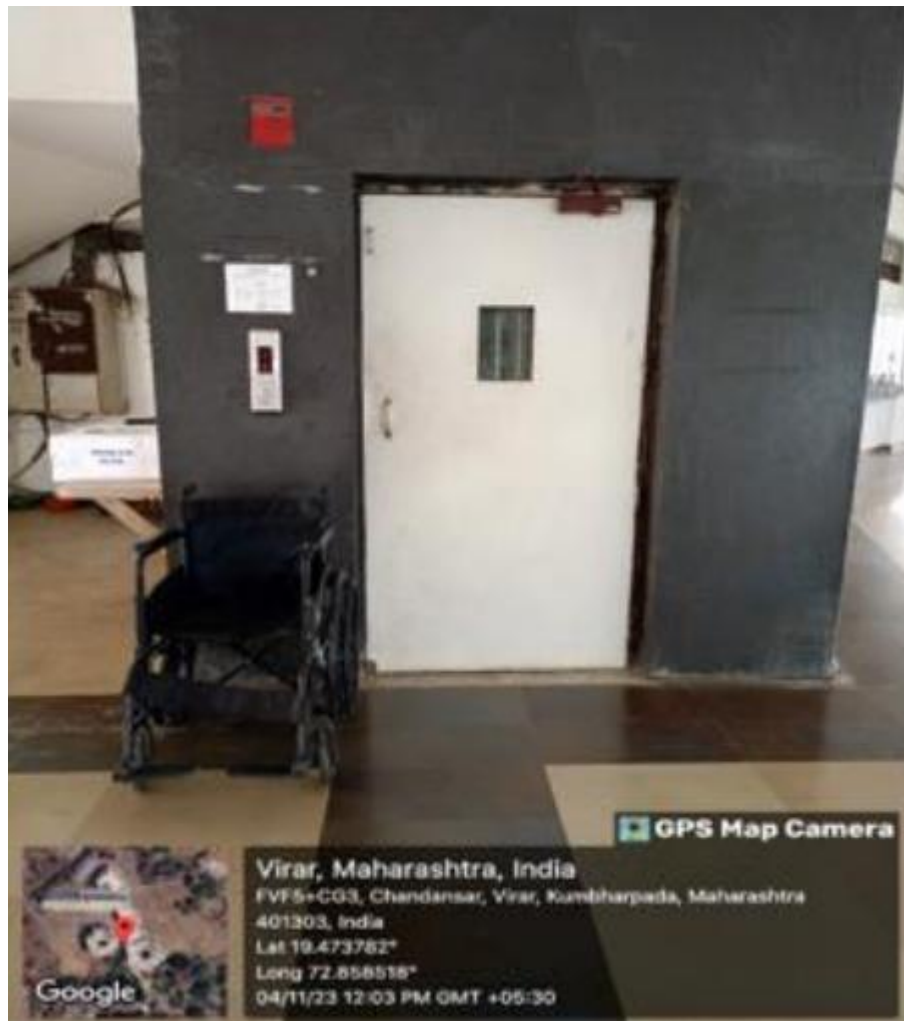
**Circular for students forbidding the use of elevator**





# Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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**Photo of elevator at the Institute**





## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### 2. Sports Day

Following data is related to sports activities conducted during our annual sports and cultural event “Hitasishi”.

Detail report is mentioned in 5.3.2

Website link- <https://vivapharmacy.org/pdf/NAAC/Criteria/5/Metric%20no%205.3.2.pdf>



### Glimpses of Sports Day





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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## 3. Academic Timetable

Along with annual sports event, institute has implemented sports in academic timetable of.

Following is the time table of T. Y B. Pharm highlighting sports hour.

Vishnu Waman Thakur Charitable Trust's  
VIVA INSTITUTE OF PHARMACY  
At. Shirgaon, Veer Sawarkar Road, Virar (E),  
Taluka: Vasai, Dist. Palghar -401305, Maharashtra  
(R-2019) AY 2023-24

THIRD YEAR B. PHARM SEMESTER V (Division B)

Date: 04/10/2023

WEF: 05/10/2023

Revision 3

Day & Time	8:30 am-9:30 am	9:30-10:30 am	10:30-11:00am	11:00-12:30pm	12:00 pm-12:30 pm	12:30-4:30pm			
Monday	Industrial Pharmacy I (SPD)	Pharmacognosy & Phytochemistry I (VNS)	Library	Medicinal Chemistry II (VHM)	B R E A K	Pharmacology II (AKM)	Batch D	201	
						Pharmacognosy & Phytochemistry I (VNS)	Batch E	203	
						Industrial Pharmacy I (ABP)	Batch F	205	
Tuesday	Pharmacology II (AKM)	Medicinal Chemistry II (VHM)	Library	Industrial Pharmacy I (SPD)		Pharmacology II (AKM)	Batch E	201	
						Pharmacognosy & Phytochemistry I (VNS)	Batch F	203	
						Industrial Pharmacy I (ABP)	Batch D	205	
Wednesday	Pharmacognosy & Phytochemistry I (VNS)	Pharmacology II (AKM)	Library	Pharmacology II (AKM)	B R E A K	Pharmacology II (AKM)	Batch F	201	
						Pharmacognosy & Phytochemistry I (VNS)	Batch D	203	
						Industrial Pharmacy I (ABP)	Batch E	205	
Time	8.30- 9.30 am	9.30- 10.30 am	10.30- 11.30 am	11.30- 12.30 pm	12.30 pm- 1.00 pm	1.00- 2.00 pm	2.00- 3.00 pm	3.00 - 3.30pm	3.30-4.30pm
Thursday	Pharmaceutical Jurisprudence (SAC)	Medicinal Chemistry II (VHM)	Pharmacognosy & Phytochemistry I (VNS)	Pharmaceutical Jurisprudence (HSM)	B R E A K	Industrial Pharmacy I Tut (SPD)	Pharmacognosy & Phytochemistry I Tut (VNS)	Library	Sports
Friday	Industrial Pharmacy I (SPD)	Pharmaceutical Jurisprudence (SAC)	Pharmacology II Tutorial (AKM)	Medicinal Chemistry II Tut (VHM)		UHV II (SVS)	Pharmaceutical Jurisprudence (HSM)	Library	UHV II (SVS)
Saturday	Mentoring	Medicinal Chemistry II Tut (VHM)	Pharmacology II Tut (AKM)	Industrial Pharmacy I Tutorial (SPD)		UHV II (SVS)	Pharmaceutical Jurisprudence Tut (HSM/SAC)	Library	

Course Code	Name of the Course	Name of Faculty
BP501T	Medicinal Chemistry II (TH)	Prof. Vishakha Mithari (VHM)
BP502T	Industrial Pharmacy I (TH)	Prof. Shraddha Dhamapurkar (SPD)
BP506P	Industrial Pharmacy I (PR)	Prof. Akkshata Parab (ABP)
BP503T & BP507P	Pharmacology II (TH & PR)	Prof. Amol More (AKM)
BP504T & BP508P	Pharmacognosy and Phytochemistry I (TH & PR)	Dr. Vaishali Shah (VNS)
BP505T	Pharmaceutical Jurisprudence (TH)	Prof. Hitakshi Makasare (HSM)
UHV II	Universal Human Values II	Prof. Sagar Chaudhari (SAC)
		Prof. Shikha Shukla (SVS)

AMC In-charge



Principal



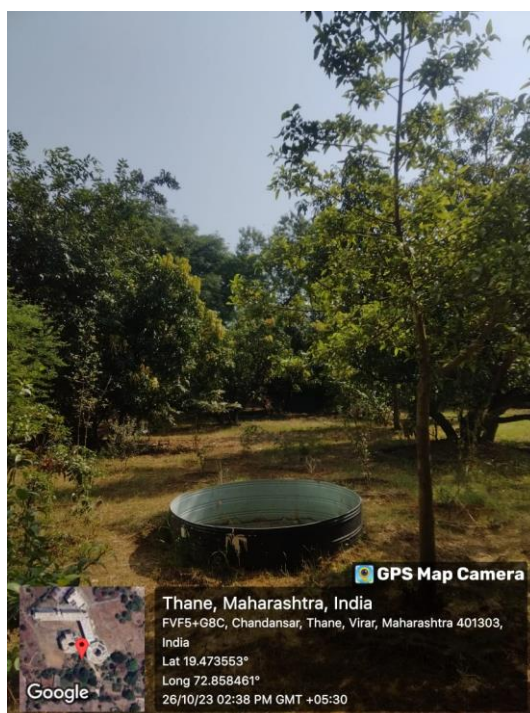


## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

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### 4. Medicinal Garden

At our institute, we encourage students, faculty, and staff to actively participate in the development and maintenance of the Medicinal Garden. The medicinal garden serves as an educational resource, providing students with practical knowledge about botany and pharmacognosy subjects regarding the identification, cultivation, and uses of medicinal plants. Additionally, at the medicinal garden, students can volunteer garden related activities, connect with the nature, learn tree plantation and stay physically fit.



**Photos of students maintaining the Medicinal garden**





Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**

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5. A seminar on “Super Food for Super Youth” by Ms. Rujuta Diwekar, Leading Nutrition and Exercise Science Expert

**Invitation**

Late Shri Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
Shirgaon, Virar (E) – 401305

Cordially invites you  
For Seminar  
by  
**Rujuta Diwekar**  
(Leading Nutrition & Exercise Science Expert)  
on  
**“SUPER FOOD FOR SUPER YOUTH”**

**NUTRITION**

don't eat LESS  
eat RIGHT

Date: 15<sup>th</sup> January (Monday) 2018. Time: 11:00am – 1:00pm  
Venue: 4<sup>th</sup> Floor Auditorium, VIVA Institute of Technology, Virar (East).

Dr. Sunita Ogale  
(I/C Principal)  
Contact no.: 9167436240





Vishnu Waman Thakur Charitable Trust's  
**VIVA Institute of Pharmacy**

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Late Shri Vishnu Waman Thakur Charitable Trust's  
**VIVA INSTITUTE OF PHARMACY**  
Shirgaon, Virar East-401303

Ref No: VIVA/VIP/ 357/2017-18

Date : 20/12/2017

**CIRCULAR**

**Sub: Invitation for Seminar (Open for all staff members and students).**

Dear Sir/Madam,

VIVA Institute Of Pharmacy invites you for the seminar by Rujuta Diwekar on 15<sup>th</sup> January 2018.

Kindly let us know how many members of your institute will be attending the seminar (This is for proper sitting arrangement).

Please mail us on seminarviva2018@gmail.com before 26<sup>th</sup> December 2017 or send a message on the following numbers:

I/C Principal: Dr. Sunita Ogale - 9167436240

Convener: Mrs. Sushruta Mulay - 9594374489

Thanking you.

  
I/C Principal  
VIVA Institute of Pharmacy

CC to  
All HOD (FE/Civil/EXTC/Electrical/ Mechanical)  
Library  
Exam Cell

**Report-**

Page 59 of 63





## Vishnu Waman Thakur Charitable Trust's **VIVA Institute of Pharmacy**

Approved by PCI, AICTE (New Delhi), DTE (Government of Maharashtra), and Affiliated to University of Mumbai

### Seminar Report

#### Super Food for Super Youth

By- Rujuta Diwekar, Leading nutritionist and exercise science ex

Winner of the nutrition award from Asian Institute of Gastroenterology, Rujuta Diwekar is India's leading nutrition and sports science expert. She is voted as the 50 most powerful people in India by people magazine in 2012 and is also author of 5 best-selling books. She is the one who believes in the "healing power of food".

Seminar was commenced by welcome speech by Principal Dr. Sunita Ogale followed by felicitation by Ms. Aparna Thakur, secretary VIVA Trust. Dignitaries were Mr. Shikhar Thakur, and principals of different colleges under VIVA trust.

In the welcome speech, principal explained why diet and physical activity plays a major role in our daily life. Being pharmacist our role is not restricted to dispensing medicines, but to create awareness and to counsel the people to adopt the lifestyle so that minimum number of medicines should be used.

Session by Rujuta Diwekar

First explained concept of "DALY- Disability Adjusted Life Years"

DALY is how long you can live till you do not need a drug to control lipid profile, stent, and dialysis. How long can you live without popping a pill? What kind of food will enhance DALYI?

While obesity is major concern for youth of India today, she explained weight reduction should be strengthening muscles along with losing fat. Explained importance of right food in diet, food which is local, which improves economy and ecology, less pollutes the environment due to transportation, less preserved by pesticides should be preferred by consumers.

Banana is a super food, acts as a prebiotic and prevents bloating. Mango, Chiku, Sitafal, Jackfruit and grapes are local fruits should be eaten regularly. Emphasised that rice is important in diet as it contains branched chain amino acids and has a complete profile of nutrients, easy to digest & gives good sleep. Explain nutritional importance of Khichdi as national food. She has given nutritional information of Jawar, Bajara, Banana flour and Banana flower which are traditional food. Ghee being also local and native, is a superfood. It supersedes refined vegetable oils though extremely rich in omega 3 fatty acids get oxidised may lead to heart diseases. Ghee also contains vitamin A, D and E.

Seminar was ended by vote of thanks.





# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

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## Attendance of the seminar-

5<sup>th</sup> January 2018

**SUPER FOOD FOR SUPER YOUTH** **AKSHAY**

No.	Name of delegate	Name of Institute	Phone No.	Sign
1	Neelima Shirsalkar	VIVA Degree (BMM Dept)	9860153698	<i>[Signature]</i>
2	Shobha Malvade	VIVA Degree (BMM Dept)	8454841610	<i>[Signature]</i>
3	Aradhana Joshi	VIVA Degree (BMM Dept)	9820845821	<i>[Signature]</i>
4	Pallavi Vartak	VIVA Tech (Engg)	9761193668	<i>[Signature]</i>
5	Reshma Chaudhari	Viva Tech (Engg)	7757910015	<i>[Signature]</i>
6	Samreen Khan	H.K. College	8976000988	<i>[Signature]</i>
7	Janhavi Langoi	VIVA Tech (Engg.)	7738422444	<i>[Signature]</i>
8	Akshata Raut	VIVA Tech (Engg.)	7507590013	<i>[Signature]</i>
9	Padma Ch	VIVA Degree (BMS)	9867492600	<i>[Signature]</i>
10	Kalamkari Ajeekar	Viva College (BMS)	7744099908	<i>[Signature]</i>
11	Amruta Mane/Ghosh	Viva College	9049318886	<i>[Signature]</i>
12	Sneha Pingulkar	Viva College	7773937362	<i>[Signature]</i>
13	K.S. MEHTA		9004660800	<i>[Signature]</i>
14	N.N. Raut	VIT, Virar	8769228116	<i>[Signature]</i>
15	Mansi Lakhani	VIT, Virar	8879655314	<i>[Signature]</i>
16	Pradnya A. Mahale	VIVA SCHOOL OF MCA	9730791364	<i>[Signature]</i>
17	Brijesh Joshi	Viva College	9860121849	<i>[Signature]</i>
18	Mukesh Mishra	VIVA COE	7709338826	<i>[Signature]</i>
19	Kamleshwar Raut	VIVATECH ETC	90041397215	<i>[Signature]</i>
20	Dipali Chaudhary	VIVA (Arts) Degree	9890617922	<i>[Signature]</i>
21	Dr. Vidya Vesuna	Viva Arts Degree	9324860843	<i>[Signature]</i>
22	Rupali P. Pawar	Viva Arts Degree	9270175726	<i>[Signature]</i>
23	Janhavi P. Naik	Viva Arts Degree	9823146266	<i>[Signature]</i>
24	Hazharvachini Ramankar	Viva College Degree	9969570161	<i>[Signature]</i>
25	Sudhanshu Soyed	VIVA College	9619022852	<i>[Signature]</i>
26	Volamath Teven	VIVA Arts College	8097853685	<i>[Signature]</i>
27	Sureet Mehta	VIVA Institute of Tech	8087276017	<i>[Signature]</i>
28	AKSHAY NAIK	VIVA Institute of Tech	9167123131	<i>[Signature]</i>
29	Vishal Urade	VIVA Institute of Tech	4745852572	<i>[Signature]</i>
30	Padmaja N. Joshi	Viva college of Tech	9970467464	<i>[Signature]</i>

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# Vishnu Waman Thakur Charitable Trust's VIVA Institute of Pharmacy

Approved by PCI, AICTE (New Delhi), DTE (Government of Maharashtra), and Affiliated to University of Mumbai

7<sup>th</sup> January 2018

AKSHAY Sign

SUPER FOOD FOR SUPER YOUTH

No.	Name of delegate	Name of Institute	Phone NO.	Sign.
54	Shreyesh Khetty	V.I.T	7498036731	[Signature]
55	Swapnil Raut	VIT, Virar	7276697480	[Signature]
56	Vinit D. Raut	V.I.T. Virar	9860061631	[Signature]
57	Umesh Molite	VIT	9860066069	[Signature]
58	Chitralaksha Vargale	VIT	9545057036	[Signature]
59	Kamya Raju	VIT	8655684322	[Signature]
60	Prashant Jyotsna	VIT	8655055301	[Signature]
1	Kavita Patil	VIVA Inst.	9822796671	[Signature]
2	Patel Mayur D.	VIT.	9920069231	[Signature]
3	Purva Awari	VIT	9158137229	[Signature]
4	CA Mabel Lobo	VIVA college	9324674536	[Signature]
5	Bhakti A Vantak	Utkarsha Vidyalyaya	7908660090	[Signature]
6	Theasa T. D'mello	- II -	9029574864	[Signature]
7	Ashwarya Chavan	- II -	9096060782	[Signature]
8	Punit S. Raut	VIVA college	9158089580	[Signature]
9	Bhushan Talekar	VIT	8087382182	[Signature]
10	Lissy JOSE	Civil Dept	9561693084	[Signature]
11	Mrs Nita Kypat	Utkarsha Vidyalyaya	8999855231	[Signature]
12	Dr. Nagratta R. Paloti	VIVA College of Arts & Sci	8421014442	[Signature]
13	Aarti Sharma	VIVA IMR.	9322604897	[Signature]
14	Nilum Bhair	VIVA IMR	7768059601	[Signature]

Dr. Kamlesh Soli  
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